

Eagle Moon Health Office



 Regina Qu'Appelle
HEALTH REGION

RQHR has 4 AHTF Projects

1. Métis Community Health Coordinator Initiative
2. Crossing the Barriers: Working in Collaboration Toward Improved Health Care Services
3. Service Delivery Model to Ensure Culturally Appropriate Home Care Services to First Nations/Metis/Inuit Population within the RQHR
4. Restoring a Path to Traditional Health and Wellness

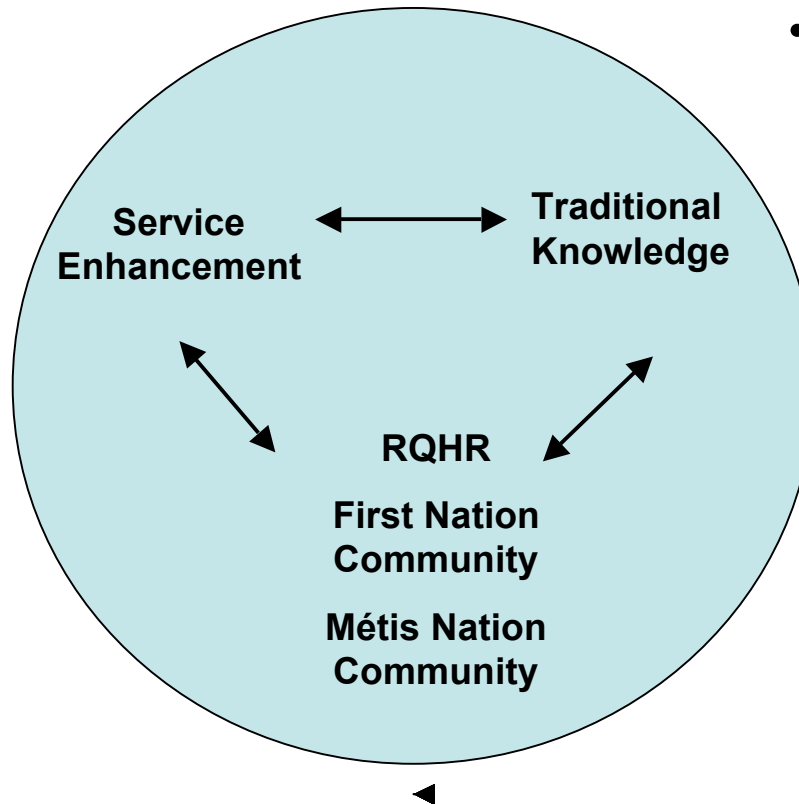
Accountability



Reciprocating and synergistic team work

- Service Enhancement:

- Spiritual care
- Diabetes
- Homecare
- Women and Children's Health
- Mental Health and Addictions
- Primary health care
- Bereavement/palliative care
- Communications



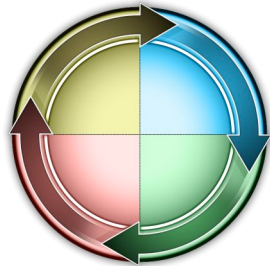
- Traditional knowledge:

- Culture & Spirituality
- Knowledge keepers
- Circles
- Gatherings, camps
- Healers
- Sweat lodges
- Ceremony
- Communications

Team members collaborate and share expertise

Community Driven Approach

What's right with you



Wellness

What can you do for you?

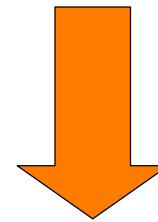
Patient has an active role and responsibility.
Ownership

Empowering

Community Voice
Relationships
Trust
Flexibility

Medical Model Approach

What's wrong with you



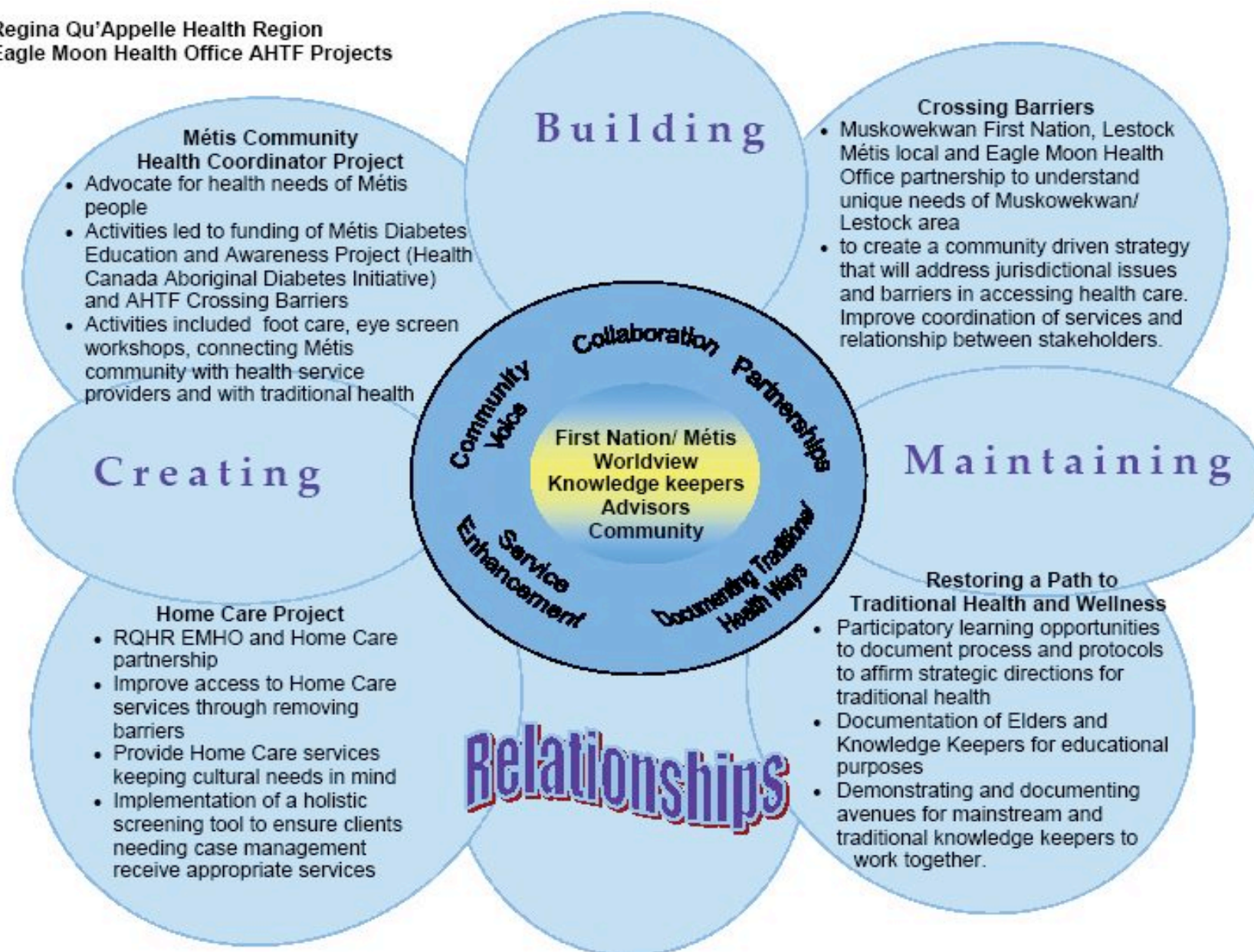
Disease focused

What can I do for you?

Patient has a passive role in their own health care.

Not empowering.

Different World Views



Collaboration and Partnership

Metis Community Health Coordinator Initiative

Improving health outcomes for Metis people through collaboration

Capacity to support and re-orient health services that are culturally appropriate and effective for Metis people



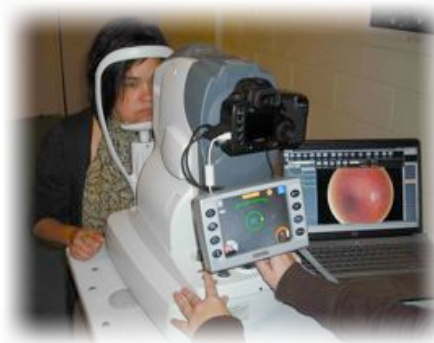
Supporting individuals and communities in taking responsibility for their own health through service redesign

Building working relationships with Metis communities

Metis Community Health Coordinator Initiative

Culturally Appropriate and Effective Services

Traditional food gathering and preparation workshops



Access to Eye Screens



Footcare Education Workshops

Metis Community Health Coordinator Initiative

Continued Identification of Metis Health Priorities

- Women and Children's health
- Mental Health and Addictions
- HIV/AIDS



Community Voice

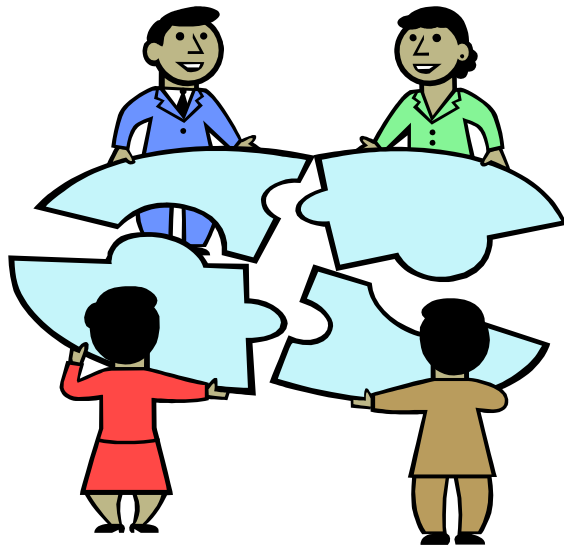
Crossing the Barriers: Working in Collaboration Toward Improved Health Care Services

Partnership of EMHO, Muskowekwan First Nation and
Lestock Metis Nation Saskatchewan Local

Engaging the First Nation and Metis community from
the Lestock and surrounding area in a meaningful way



Crossing the Barriers: Working in Collaboration Toward Improved Health Care Services



Creating a community driven strategy that addresses community needs and cross-jurisdictional challenges the community faces in accessing care

Service Enhancement/Adaptation

Service Delivery Model to Ensure Culturally Appropriate
Home Care Services to First Nations, Métis, Inuit
Population within RQHR



Home Care Working Group

Changes to Ways of Doing Business

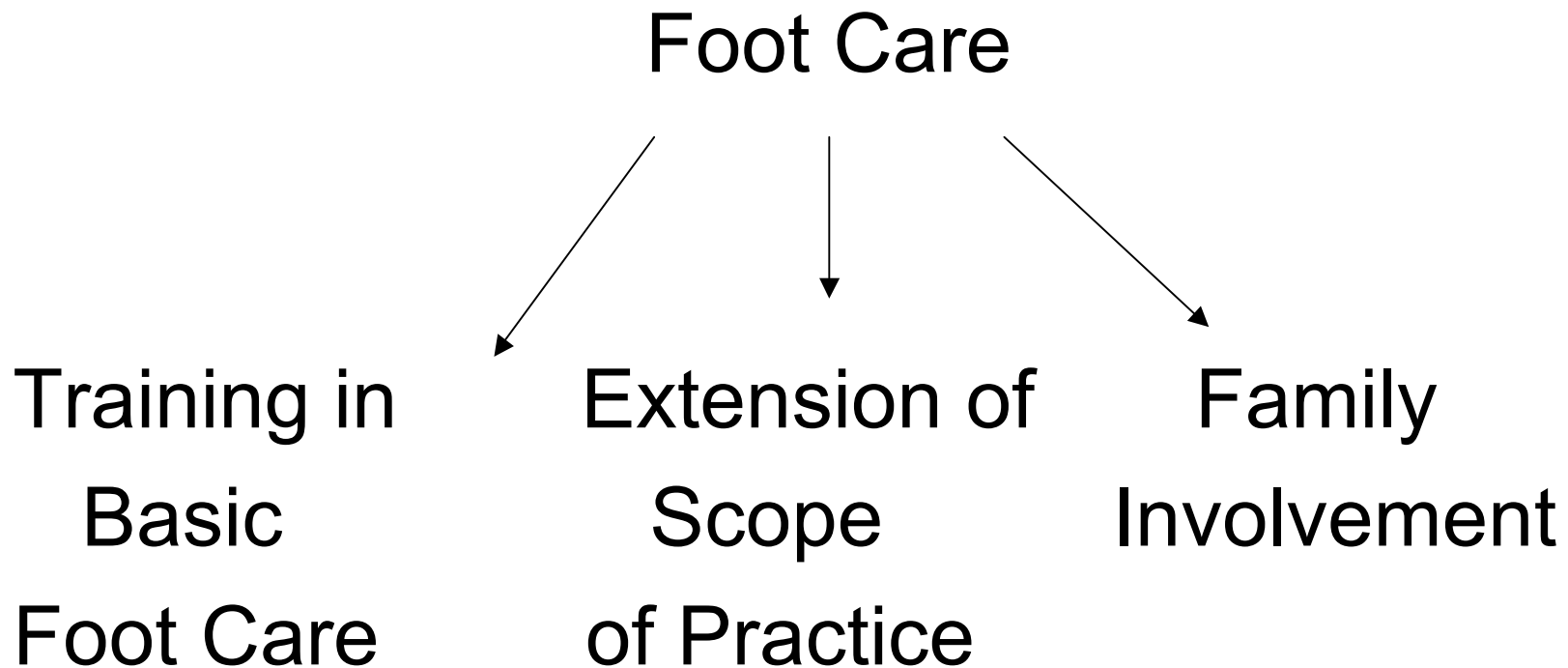
Before

- ☐ Site location – South
- ☐ SWADD (System Wide Admission/Discharge)
- ☐ Central filing and scheduling

After

- In area & community accessible
- Project team member
- On-site files and scheduling

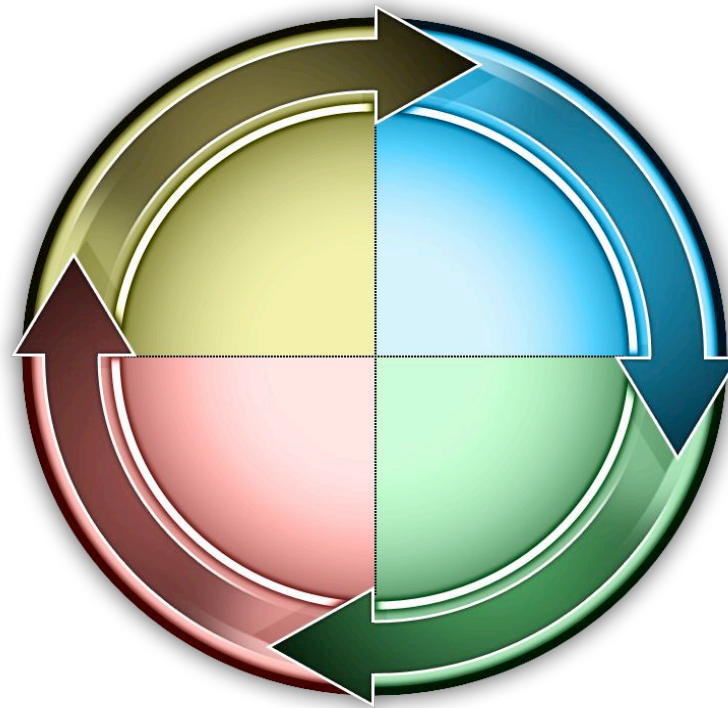
A Change in Service



It's All About Holistic Care

Physical

Emotional



Spiritual

Mental

Documenting Traditional Health Ways

Restoring a Path to Traditional Health and Wellness

Creating awareness and understanding of traditional healing ways to include in the production of educational materials and opportunities

Participatory learning opportunities to document the process and protocols in order to affirm strategic directions for traditional health

Documenting of Elders and Knowledge Keepers for educational purposes

Demonstrating and documenting avenues for mainstream medical and traditional knowledge keepers to work together



Projects' Successes, Challenges and Lessons Learned



Successes

Creation and maintenance of trust relationships with First Nation and Métis community within the RQHR

Strengthened relationships and collaboration with RQHR

Supportive environment has been fostered

Opportunity for shared learning



Challenges

Capacity of managing the projects

Maintenance of relationships

Meeting community expectation



Lessons Learned

Need to prioritize relationship development and maintenance

Collaboration is essential

Need to overcome assumptions

Need to recognize the difficulty and complexity in doing this work



Eagle Moon Health Office

Questions?

Thank you



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