



# **Directory of Services 2003**



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# Aboriginal Friendship Centres of Saskatchewan

#606 – 224 4<sup>th</sup> Ave. S.

Saskatoon, SK.

S7K 5M5

AFCS Provincial Director: (306) 665-1264

UMAYC Regional Desk Coordinator: (306) 665-1267

Fax: (306) 664-6088

UMAYC: [umayc@sasktel.net](mailto:umayc@sasktel.net)

Provincial Coordinator: [afcs.pa@sasktel.net](mailto:afcs.pa@sasktel.net)



Website: <http://www.afcs.com>

Incorporated as a Non-profit organization for almost 20 years the Aboriginal Friendship Centres of Saskatchewan replaced the Saskatchewan Association of Friendship Centres. With our corporate office located in Saskatoon the Aboriginal Friendship Centres of Saskatchewan continues to strive forward. Representing 18 Friendship Centres in the Province the Association is controlled by a board of directors consisting of 2 representatives and 1 youth representative from each participating Friendship Centre along with an elected Executive Committee.

## Mission Statement:

The Aboriginal Friendship Centres of Saskatchewan's (AFCS) mission, is to promote, advocate for, and represent member Centres at the Provincial and National levels as directed by Centres, while respecting their autonomy, by sharing expertise, resources, exchanging ideas that will provide a forum to assist our Centres to carry out their mandate. To maintain this by respecting our Elders, helping Aboriginal peoples through Friendship, Harmony, quality service, Cultural integrity, Cultural Awareness and Sharing.

## Aims & Objectives:

The objectives of the Aboriginal Friendship Centres of Saskatchewan are, in general, the promotion of the goals and objectives of its member Friendship Centres and the well being of the Aboriginal People of Saskatchewan, and specifically:

- facilitating communication and cooperation amongst all Centres within the Province of Saskatchewan
- provide information regarding the operation and development of Aboriginal Friendship Centres to the public and in particular to persons of Aboriginal ancestry
- to negotiate with federal, provincial and municipal governments on matters of concern to the member Centres, without depriving said Centres the right to negotiate on their own behalf



- to negotiate with related organizations on matters of concern to the member Centres, without depriving said Centres the right to negotiate on their own behalf
- to promote and assist the member Centres in their charitable and cultural activities
- to assist member Centres in Program Development
- to represent its member Centres at the National level, excluding the National Association of Friendship Centres Annual General Meeting (AGM)
- to develop the Corporation's activities as the need arises to continue support of its membership
- to assist member Centres with funding information, debt recovery plans, financial negotiation and networking.

### AFCS Executive

From the Board of Directors an Executive Committee is elected. The Executive Committee is comprised of a President, Vice-President, Secretary/Treasurer, National Board Representative and a Youth Representative. The Youth Representative is elected by members of the Youth Delegation to the National Association of Friendship Centres Annual General Meeting. All executive positions are for 2-year terms with the exception of the Youth Representative, which is a 1 year term.

The current Executive Committee is comprised of the following individuals:

| <u>Name</u>      | <u>Position</u>      | <u>Representing</u>          |
|------------------|----------------------|------------------------------|
| Winston McKay    | President            | Saskatoon Friendship Centre  |
| Rae Liebel       | Vice President       | Green Lake Friendship Centre |
| Doreen Maurice   | Secretary/Treasurer  | Pinehouse Friendship Centre  |
| Maurice Aubichon | National Board Rep.  | Regina Friendship Centre     |
| Ashley Norton    | Youth Representative | Regina Friendship Centre     |

### AFCS Staff

Paul Daigneault – Provincial Director

Vacant – Office and Program Manager

Laura Germs – Administration Assistant

# Urban Multipurpose Aboriginal Youth Centres



## Mission Statement

The Urban Multipurpose Aboriginal Youth Centres (UMAYC) Initiative is a five-year initiative (1998-2003) designed to provide urban Aboriginal youth with a wide range of culturally based programs, services and activities that are locally controlled and designed in conjunction with Aboriginal youth. These programs, services and activities will be structured in a manner that will empower Aboriginal youth to address the challenges they face and determine their own future with a sense of pride in a safe and culturally relevant environment.

The primary goal of the Urban Multipurpose Aboriginal Youth Centres Initiative is to create a network of urban Aboriginal youth centres to support and assist urban Aboriginal youth in enhancing their economic, social and personal prospects.

## Guiding Principles

The Initiative operates under the following main guiding principles that it:

- will serve the needs of Aboriginal youth, ages 15-24 years, living in urban or northern communities with populations exceeding 1000 residents, regardless of status, culture or gender, and where circumstances warrant may include Aboriginal children and youth ages 10-14 years, or young Aboriginal adults ages 25-29 years
- will develop and implement Aboriginal community-driven plans, strategies and programs that focus on urban Aboriginal youth
- will enhance the capacity of Aboriginal youth to lead and manage the Initiative
- where possible, will not duplicate or replace, but build-on and complement existing Aboriginal, federal, provincial, territorial and local programs and services through partnerships and collaboration
- will operate according to generally accepted principles of prudent financial management and accountability, while at the same time allowing for an evolving management approach that learns from and shares successful, locally-based approaches; and
- will be managed through processes that are inclusive, transparent and accountable to Aboriginal youth and Aboriginal stakeholders, as well as the Minister of Canadian



- Heritage and the Aboriginal organizations responsible for funding administration for the Department of Canadian Heritage (DCH).

### Program Objectives

The overall UMAC initiative will:

- support and assist urban Aboriginal youth in enhancing their economic, social, and personal prospects, by providing financial support to community-level projects
- actively and meaningfully involve Aboriginal Youth in project design, development and delivery at all levels
- engage support and involvement of experienced Aboriginal service providers and of Elders
- focus on respect, awareness and support for preservation of Aboriginal cultures and values
- be inclusive to First Nations, Métis, and Inuit peoples, with an "open door" policy for all facilities and services to ensure accessibility for all groups
- recognize and make the most of available resources, but also recognize the value of physical settings, therefore supporting minor renovations on existing facilities
- coordinate and cooperate amongst all relevant service providers.

### Program Focus

The community-level projects focus on a wide range of Aboriginal youth issues, needs and goals, such as:

- encouraging youth to stay in school
- increasing their effective participation in employment, skills development and training, and career counseling
- improving life skills, including parenting
- increasing youth participation in health, cultural and recreational projects
- creating activities that provide alternatives to negative environments;
- community outreach, and prevention and intervention programs for street youth; and
- strengthen positive ties of Aboriginal youth with others in the Aboriginal and non-Aboriginal community.

### Program Requirements

UMAYC projects will require:

- involvement of Aboriginal youth in the design, development, operation, evaluation, and financial administration of the project

- a motion by the local Friendship Centre or sponsoring organization board supporting and endorsing the project proposal
- proof of incorporation, as a non-profit organization, and insurance
- a mission statement and objectives
- demonstrated past program delivery experience
- a detailed work plan, including anticipated end results
- a detailed budget of project expenditures
- a separate bank account, with properly constituted signing authority to receive and administer funds dedicated to the project;
- an appointed Aboriginal youth to approve all project expenditures
- an Aboriginal Youth Council/Committee to identify the needs and priorities of the local youth and provide primary direction for the project
- community support, ie. letters of support
- demonstration of how the project will endeavor to create local partnerships and seek additional funding; and,
- an evaluation process.

### Program Components

- Sports and Recreation could include volleyball, lacrosse, hockey, canoeing, camping and fishing.
- Cultural Activities could include language classes, traditional drumming, and Elder's storytelling.
- Employment, Education, and Training could include job search skills, computer training, and tutorial services.
- Social and Health Programs could include peer counseling, life skills training, and parenting skills.
- Social Activities could include feasts, dances and socials, movie nights and camping trips.
- Youth Leadership could include Youth Council meetings, public speaking skills and group activities.
- Community Involvement could include community events and environmental/community cleanup.

# Urban Multipurpose Aboriginal Youth Centres



## 2002 – 2003 Projects

Project Name: Multipurpose Aboriginal Youth Centre  
Organization: Buffalo Narrows Friendship Centre  
P.O. Box 189  
Buffalo Narrows, SK. S0M 0J0  
Phone: (306) 235-4633  
Fax: (306) 235-5451  
UMAYC Coordinator: Valmore Morin

This is a continuing UMAC project. Cultural, recreational, social and educational activities will continue to be undertaken as well as activities to enhance and promote youth leadership, community, Elder, volunteer involvement will be planned and implemented for the project duration on a continual basis. Programs and activities will be scheduled for after school hours, evenings, weekends and on school closures.

Project Name: Sakitawak Aboriginal Youth Centre  
Organization: Ile-a-la-Crosse Friendship Centre  
P.O. Box 160  
Ile-a-la-Crosse, SK. S0M 0C0  
Phone: (306) 833-2313  
Fax: (306) 833-2216  
UMAYC Coordinator: Myra Malboeuf

This is a continuing UMAC project. The Sakitawak Aboriginal Youth Centre will continue to be fully inclusive with an open door policy to all Aboriginal youth. Programs and services offered will be culturally sensitive and relevant. A forum has been established for Aboriginal youth to be comfortable with, and continue to offer peer support counseling services, which allows peers to provide and receive support. The Sakitawak Aboriginal Youth Centre will continue to have full involvement of youth in all aspects of program delivery and evaluation. The programming includes health promotion and social issues, cultural activities, sports and recreation, education and training, and youth leadership.





Project Name: Kikinahk Aboriginal Youth Activities Program  
Organization: Kikinahk Friendship Centre  
P.O. Box 254, 320 Boardman Street  
La Ronge, SK. S0J 1L0  
Phone: (306) 425-2051  
Fax: (306) 425-3369  
UMAYC Coordinator: Ernest Morin

This is a continuing UMAC project. Kikinahk will continue to provide a recreation and cultural centre for community youth aged 15-25 with some programming earlier in the evenings for youth at risk that are between 10 and 14 years. The program will adhere to the UMAC guiding principles and program guidelines, and continue to provide a holistic approach to the emotional, physical and mental well-being of local Aboriginal youth. Working with other programs at Kikinahk, they will provide a safe and healthy environment while continuing to integrate Elders and cultural teachers into UMAC programming so that youth are aware of their cultural roots.

Project Name: The La Loche Dene Youth Project  
Organization: La Loche Friendship Centre  
P.O. Box 430  
La Loche, SK. S0M 1G0  
Phone: (306) 822-1778  
Fax: (306) 822-1787  
UMAYC Coordinator: Joanne Janvier

This is a continuing UMAC project. By continuing to incorporate a holistic approach to program design and delivery, youth will have the opportunity to participate in activities geared towards a healthy balance in life. Each program planned will continue to encompass the four aspects of the holistic model, the emotional, the intellectual, the physical and the spiritual.

Project Name: "The Other Side" Youth Centre  
Organization: North West Friendship Centre  
P.O. Box 1780  
Meadow Lake, SK. S0M 1V0  
Phone: (306) 236-3766  
Fax: (306) 236-5451  
UMAYC Coordinator: Jessie Villeneuve

This is a continuing UMAC Project. "The Other Side" Youth Centre will continue to provide education and training, sports and recreation, cultural, life skills/health and wellness programs, community initiatives and social activities for the youth of the community. This project will focus on Aboriginal youth aged 15-24 and also youth aged 12-14 who are considered to be at risk. With the Centre's open-door policy, no one will be turned away. The Youth Advisory Committee will meet monthly to identify the needs of youth and create specific programming to address those needs.

Project Name: Youth For a Brighter Future  
Organization: Qu'Appelle Valley Friendship Centre  
P.O. Box 240  
Fort Qu'Appelle, SK. S0G 1S0  
Phone: (306) 332-5616  
Fax: (306) 332-5091  
UMAYC Coordinator: Wendy Whitebear

This is a continuing UMAC project. The Youth for a Brighter Future will continue to provide empowerment, opportunity and equality for the aboriginal youth within the community and area. The Aboriginal youth not only have a voice in the community, but they are informed about what issues are being addressed at each level. The program is designed and is implemented by the aboriginal youth in the community with educational, social, employment, recreational and cultural initiatives that have been self-identified with program relevancy.

Project Name: Yorkton Multipurpose Aboriginal Youth Centre  
Organization: Yorkton Friendship Centre  
139 Dominion Ave.  
Yorkton, SK. S3N 1S3  
Phone: (306) 782-2822  
Fax: (306) 782-6662  
UMAYC Coordinator: Nola St. Pierre

This is a continuing UMAC project. The Yorkton Multipurpose Aboriginal Youth Centre will continue to offer educational, recreational, cultural and social activities to Aboriginal youth in the community aged 12-24. Educational activities will include a tutoring program for youth. Recreational activities will include participating in sporting activities and games. The cultural activities include inviting Elders to the program to teach the youth about their culture and traditions. Social activities will include cooking classes and dances. A Youth Advisory Committee has been established to provide input and direction on the youth centre and its programming.

Project Name: Saskatchewan Aboriginal Youth Council (SAYC) Project  
Organization: Aboriginal Friendship Centres of Saskatchewan  
#600-224 4th Ave. S.  
Saskatoon, SK. S7K 5M5  
Phone: (306) 665-1267  
Fax: (306) 933-4633  
UMAYC Coordinator: Ashley Norton



This is a continuing UMAC project. The SAYC will continue to provide youth with the means, methods and resources to give some direction over their own future to governing organizations, funding organizations and the general public. By having quarterly meetings and a workshop, the project will continue to strive to keep youth informed of the programs, projects and activities available to them throughout the province. It will also provide a forum for youth to join together and make recommendations to governing organizations regarding the needs and the wishes of today's youth.

Project Name: "A Busy Mind is a Healthy Mind"  
Organization: Sipisishk Friendship Centre  
P.O. Box 19  
Beauval, SK. S0M 0G0  
Phone: (306) 288-4747  
Fax: (306) 288-2236  
UMAYC Coordinator: Stella Laliberte

This is a new project that will include activities such as sports and recreation, cultural, employment, education & training, social and health programs, social activities, youth leadership and community involvement. This project will benefit the youth of Beauval and surrounding communities that make up approximately 60% of the population. A youth committee has been formed to help identify, design, develop and work with youth on after-school/evening programming, personal development and leisure/recreation programs in the community.

Project Name: Battlefords Urban Aboriginal Youth Centre  
Organization: Battlefords Friendship Centre  
960 103rd Street  
North Battleford, SK. S9A 1K2  
Phone: (306) 445-8216  
Fax: (306) 445-6863  
UMAYC Coordinator: Sheldon Fiddler

This is a continuing UMAC project. The Battlefords Urban Aboriginal Youth Centre will continue to provide educational activities that deal with career research, and field trips to educational institutes as well as recreational activities such as the Outdoor Hockey League. Other activities include a Video/Drama Project and Innovative Arts. Life skills activities include evening sharing circles, young mothers support group, young men's group, working towards employment and the self-discovery project.



# Saskatchewan Aboriginal Youth Council

## Mission Statement

The Saskatchewan Aboriginal Youth Council's mission, is to promote, advocate for and represent youth locally and provincially as directed by their centres, while representing their autonomy, by sharing expertise, resources, exchanging ideas that will provide a forum to assist our youth to carry out their mandate. To maintain this by respecting our Elders, helping Aboriginal Youth through Friendship, Harmony, Quality Service, Cultural Integrity, Cultural Awareness and Sharing.

## Aims and Objectives

The objectives of the Saskatchewan Aboriginal Youth Council is to empower our youth by developing programs that are youth oriented and making a stronger voice for the Saskatchewan Youth in the Friendship Centre movement.

## The SAYC Executive Committee

### Youth Executive

Ashley Norton – Regina Friendship Centre

### President

Skyler Whitefish – Battlefords Friendship Centre

### Vice President

Vacan – Saskatoon Indian & Metis Friendship Centre

### Treasurer

Gerid Coates – Qu'Appelle Valley Friendship Centre

### Secretary

Justina Lemaigre – La Loche Friendship Centre

## Role of the SAYC Executive Committee

### The Youth Executive shall:

- represent the interests of the youth to the AFCS Board of Directors and the AFCS Executive Committee;
- act as liaison between the AFCS, the SAYC and the NAFC Aboriginal Youth Council and;
- represent the SAYC to the public when requested to do so.

**The President will:**

- act as a spokesperson for the SAYC;
- represent the SAYC to the public when requested to do so;
- be an ex-officio member of all sub-committees;
- be responsible for the coordination and delegation of tasks associated with fulfilling the objectives of the SAYC.

**The Vice President will:**

- assume the responsibilities of the President, Secretary or Treasurer in his/her absence;
- assist in the duties of the President when requested to do so;
- perform other such management duties as delegated by the Youth Committee or Executive Committee and;
- represent the SAYC to the public when requested to do so.

**The Treasurer will:**

- assume the responsibilities of the other Executive members in his/her absence;
- perform administrative duties as delegated by the Youth Committee or the Executive Committee and;
- represent the SAYC to the public when requested to do so.

**The Secretary will:**

- keep accurate minutes of all meetings and disbursements of such minutes to the Youth within the member Centres;
- be responsible for the distribution of meeting notices, special resolution notices and vacancy notices within their respective time frames and;
- perform administrative duties as delegated by the Youth Committee or the Executive Committee and;
- represent the SAYC to the public when requested to do so.

# Friendship Centres of Saskatchewan



# Battleford Friendship Centre

960 - 103rd Street  
 North Battleford, SK.  
 S9A 1K2  
 Phone: (306) 445-8216  
 Fax: (306) 445-6863  
 E-mail: [nbfc@sasktel.net](mailto:nbfc@sasktel.net)



The Battlefords Friendship Centre (BFC) has been in existence since 1960, one of the first Aboriginal Friendship Centres in Saskatchewan. In March 2000, the BFC celebrated its 40th Annual All Native Hockey Tournament, the longest running event of its kind in Western Canada.

In the beginning the BFC provided referral services to Aboriginal city residents, most often these people were directed to the existing social service agencies. Later the Friendship Centre began to take a more active role in service delivery and many counseling services were initiated to assist Aboriginal people in such areas as employment, housing and the justice system, to name a few. The BFC designs and implements programs which address the specific concerns of the local population.

The nature of this mandate calls for widely diversified programming, with the centre offering services such as social service referrals, community and economic development projects as well as many services such as daycare and drug and alcohol counseling which fill the gaps in or replace the existing social service structure in many areas. Many of these services provide Aboriginal residents with meaningful alternatives.

## Board Members

| <u>Name</u>         | <u>Position</u> |
|---------------------|-----------------|
| Billy Kennedy       | President       |
| June Ernest         | Vice President  |
| Calvin Thunderchild | Treasurer       |
| Becky Trotchie      | Secretary       |
| Alisha Flamond      | Youth Director  |
| Brian Amyotte       | Director        |
| Jenifer Kiskotagen  | Director        |
| Eileen Kiskotagen   | Director        |
| Helen Trotchie      | Director        |
| Brian Beaudry       | Director        |

## Staff Members

| <u>Name</u>        | <u>Position</u>                      |
|--------------------|--------------------------------------|
| Jackie Kennedy     | Executive Director                   |
| Laura Ruby Stade   | Bookkeeper                           |
| Pamela G. Ruba     | Secretary                            |
| Betsy Flamond      | Food Bank Coordinator                |
| Sheldon H. Fiddler | Youth Program Coordinator            |
| Terence A. Landrie | Activity Coordinator                 |
| Leon J. Kennedy    | Youth Leadership Program Coordinator |



Nichelle Belanger      Director

## **Programs**

### **Urban Multi Purpose Aboriginal Youth Centres**

A meeting place where youth can come and have fun while learning about their heritage, history and culture through games and other types of activities. Youth are encouraged to develop long-term goals and objectives for themselves including staying in school.

### **Drop In Centre**

A meeting place for clients and members to come and relax, learn, access services from other agencies and participate in a wide range of activities. These activities range from workshops to meeting a friend for coffee.

### **Bridging to Employment Program**

After reviewing the past two Bridging to Employment Program, the Board of Directors decided that there needed to be some fine-tuning of the program before it went to CanSask Employment Centre for funding of its third program.

Renovations to the main floor of the Centre in the fall and spring of this fiscal year has made it possible for us to have a classroom away from the general public where the participants can begin training. We are currently working on an application for the fall of 2002 in which we will be working with a larger number of employers including the Gold Eagle Casino.

### **Aboriginal Literacy Program**

The Aboriginal Literacy Program is currently underway in partnership with the North West Regional College. We have found that the literacy level of the students from the Bridging to Employment program and our clients continue to be an issue. In the spring of 2001, the North West Regional College hosted a tutors training session in which our staff participated.

### **Employment & Training Services**

The Battlefords Indian Metis Friendship Centre, Inc. has found that our clients need to be treated as a whole person and not a stat. When our clients come to us they may be looking for work but in reality they have no money, no food and no roof over their head or child care for their children. We can help them search for work but that won't last because they are hungry, they have no childcare and have no home to go to. We have found that unless we work with the "whole" person finding a job today will mean finding another one tomorrow for the same individual.





We have developed a portion of the Centre that is devoted to informing clients about employment and training opportunities within our community and other areas of Saskatchewan and Canada. Many of the clients do not have access to computers or do not have resumes thus making their job searching that more obtainable. In response to this we have two of our staff that are able to interview an individual and make up or update a resume for them. We have also established a job centre that is kept current with the latest job opportunities. We are actively working to obtain computers that we can network with the internet thus expanding our client's ability to find work.

### **Flea Markets**

The Centre hosted Flea Markets from September through December, 2001 with between 5-7 participants weekly. This event was hosted each Saturday at the Centre.

Due to the demand from participants, we have once again started the Flea Market and will run every Saturday from 9:00 - 2:00 p.m. consecutive through until the end of December.

### **North West Territorial Days**

During the North West Territorial Days, we will operate our concession booth on the exhibition grounds utilizing our staff and any volunteers who come forward. We will once again be serving everything from bannock burgers to Indian tacos.

### **Cultural Sharing Program**

After our summer experience with the Cultural Sharing & Survival Camp, we wanted to duplicate this program in an urban setting for our youth who were unable to participate. For two six week period from October, 2001 to January, 2002 we expanded our summer partnership and provided a Cultural Sharing Program. The program empowered youth to learn about their history, their heritage and their culture. The program also saw youth gain greater self-esteem and respect for others. We are actively working to develop this program in an education format that our schools will be able to use.

### **Much Music Dance**

On August 30th, 2002 the Centre will be hosted a dance at the Agrivilla, which was open to youth and adults. We have found the Battlefords there are very few activities for youth and young adults.

### **Wrestling**

On September 21st, 2002 the Centre will hosted the First Nations' Wrestling Alliance event. The goal of the event was to challenge our youth by empowering them to challenge the boundaries of their dreams but most importantly to build their self-esteem and confidence by promoting having fun in a healthy environment.

### **Thanksgiving Supper**

Thanksgiving comes but once a year but for many of our members and their extended families, the Thanksgiving holiday is nothing but just another meal of little or nothing. The Centre's Board of Directors, staff and volunteers worked extra hard this year to ensure that 2001 would not be just another holiday but one to be remembered. From turkey to ham and all the traditional Thanksgiving meal items, the 200 individuals who participated enjoyed a traditional Thanksgiving meal, which was followed by a short program.

### **Halloween Dance & Fun Night**

On October 31st, 2001, the staff dressed up the Centre to be a haunted house and opened their doors to young people of all ages from the Battlefords. Squeals of delight could be heard from every corner of the Centre with over 105 youth going through the haunted house. This followed by a costume dance that saw an additional 75 youth joining in. The whole event turned out better than expected and the Board of Directors were pleased with their cooperation the staff demonstrated while working together.

### **Open Hockey Tournament**

In cooperation with the Gold Eagle Casino, the Centre will be hosting an "open" hockey tournament in November, 2002 allowing the many talented hockey players within the aboriginal and non-aboriginal community to compete in an open and friendly sporting environment. The event minimum of 16 teams participating.

### **Christmas Party**

We held a Christmas Party on December 23rd, 2002, with over 275 in attendance. The staff volunteered their time to prepare and serve the supper. Here again we are pleased to see the number of participants who turned and enjoyed this event.

### **Children's Christmas Party**

We held our annual Children's Christmas party on December 16th, 2001, with approximately 250 children in attendance. Once again the North Battleford Youth Centre provided the wooden toys, and the Gold Eagle Casino held a toy drive and donated a generous amount of toys for all the kids. This event has proven to be a win-win situation for us.

### **38th Annual All Native Hockey Tournament**

The 38th Annual All Native Hockey Tournament was held on March 28, 29, &30th, 2002 with invitation going across Canada.



The Gold Eagle Casino / Saskatchewan Indian Gaming Authority have made a commitment to assist in the sponsorship of this event. As in past years we will canvassing local business for funding / sponsorships.

### Sports Days

This is a three-day event that allows slo-pitch and soccer teams to play for a prize package totaling \$6,000.00 Teams from all over Canada will be invited to participate and we are expecting the number of soccer teams to double if not triple.

### Aboriginal Healing Foundation

#### **-Battlefords Aboriginal Historical Society -Residential School Curriculum Development**

The Battlefords Aboriginal Historical Society saw the development of a publication about our First Nation and Metis community and the impact of residential schools on their lives. Primary focus has been placed on veterans who served Canada in the armed forces. Once the publication has been produced it will be sold and the profits there will be used in the development of a museum of "artifacts" reflecting the First Nations and Metis community's history. After contacting a number of museums, we have learned they do have a large number of artifacts that originated from the Battlefords and north west Saskatchewan. It is our intent to develop a facility that will not just store these items but display them in a manner that our children, grandchildren and visitors to learn from.

In cooperation with the Battlefords School Division #118 and North West Roman Catholic Separate School Division #16, we have completed the students and teacher's manual for K-9. We are presently working on promoting the publications to other schools and educational facilities in Saskatchewan and Canada. With the profits realized from the sales of this publication, we will be able to begin the development of the final three modules. In the summer of 2002, we will be forwarding the second year funding request to the Aboriginal Healing Foundation to assist in the completion of this project.

### Food Bank

In cooperation with the Battlefords Food Bank, Inc. the Centre provides services for clients in the way of food items donated by local businesses.

# Buffalo Narrows Friendship Centre

Box 189  
351 Buffalo Street  
Buffalo Narrows, SK.  
S0M 0J0  
Phone: (306) 235-4633  
Fax: (306) 235-4544  
E-mail: [bnfc@sk.sympatico.ca](mailto:bnfc@sk.sympatico.ca)



The Buffalo Narrows Friendship Centre was incorporated according to the provisions of the Non-Profit Corporations Act (Saskatchewan) on August 22, 1984. It is governed by a President and eight member board that is responsible for the overall operation of the Friendship Centre programs and projects. The Friendship Centre is located in the Northern Saskatchewan community of Buffalo Narrows. Buffalo Narrows has a population of fourteen hundred people, the majority of whom are of Aboriginal ancestry. The service activities carried out by the Friendship Centre since being incorporated are designed to promote existing solutions to the socio-economic problems facing northern residents, as well as providing cultural, recreational, educational and social programs and activities for all ages on an ongoing basis.

## Programs

### Urban Multi-purpose Aboriginal Youth Centre Program

Our Mission is to improve social, cultural, traditional, recreational and educational programs and activities which will ensure a better quality of life for all youth in Buffalo Narrows and surrounding communities.

Our target group are aboriginal youth aged 12 to 24. We continue to implement programs and activities that will enhance and promote youth leadership, community, elder and volunteer involvement.

### Teen and Young Parent Program

The objective of this program is to provide direct support to pregnant young women and young parents and their children, including pregnancy counseling, parenting support, life skills and education, and vocational counseling.

Teen and young parent services include, but are not limited to:

- counseling to birth parents about life choices

- assistance in obtaining adequate housing
- encouragement in attaining independence and keeping appointments (medical, school, etc.)
- teaching self-control
- teaching proper personal hygiene
- encouragement to become involved in positive social and recreational activities
- act as advocate or liaison between teen parent and other agencies
- assist with short and long term vocational planning
- assist in developing and understanding of the stages of child development
- teach new parenting skills and methods of child care

### **The Aboriginal Head Start (AHS) Program**

The Aboriginal Head Start Initiative continues to be successful with an enrollment of 40 students aged 3 to 4 years old with a wait list of six children. The parental and family involvement within the program has expanded in the past year. The sponsor Board of Directors, the Parent Advisory Committee and the staff collaborate to deliver the program ensuring the six components, culture and language, parental involvement, education and readiness, social support, nutrition and health promotion, are met. Community elders are brought in to the preschool on a regular basis. Field trips take place at least once a month thanks to parents, grandparents and elders who volunteer. Another successful program in our preschool are the Come Read With Me Program which promotes reading at home.

### **General Services**

Other programs offered by the Buffalo narrows Friendship Centre Inc. include: Career and vocational counseling, cultural, educational, recreational and social activities for the whole community, referrals, assistance and completion of various forms, a drop in centre for all people, promoting wellness in the community, hosting various annual events, providing financial, in-kind donations and support for those in crisis, fax, photocopying and computer access free of charge, monthly cribbage tournaments, elders gatherings and parties, dances, fish derbies, bingo, square dance lessons, seasonal parties for youth, cultural days, camping trips, hockey tournaments, soup & bannock every Wednesday.

Buffalo Narrows Friendship Centre Inc. continues to be the primary service agency in the community with a steady flow of traffic, so if you are ever down our way, stop in for a fresh cup of coffee.



### **Board Members**

| <b><u>Name</u></b> | <b><u>Position</u></b> |
|--------------------|------------------------|
| Alvin Chartier     | President              |
| Janet Clarke       | Vice President         |
| Cynthia Morin      | Treasurer              |
| Louis Chartier     | Elder Rep.             |
| Tara Petit         | Youth Rep.             |
| John Young         | Board Member           |
| Floyd McCallum     | Board Member           |
| Bruce Clarke       | Board Member           |
| Marjorie Hanson    | Board Member           |

### **Staff Members**

| <b><u>Name</u></b> | <b><u>Position</u></b> |
|--------------------|------------------------|
| Estelle Laliberte  | Executive Director     |
| Karen McCallum     | Programmer             |
| Tammy Clarke       | Secretary              |
| Nancy Hartley      | Teen Parent Worker     |
| Valmore Morin      | UMAYC Coordinator      |
|                    | UMAYC Coordinator      |
| Bev Norton         | AHS Director           |
| Rose Shatilla      | AHS Teacher            |
| Verna Chartier     | AHS Teacher Asst.      |
| Angel Chartier     | AHS Teacher Asst.      |
| Pauline Aubichon   | AHS Cook/Cleaner       |
| Ken Bouchard       | AHS Driver/Maintenance |
| Ramona Hartley     | AHS Liason Worker      |

# Ile-a-la-Crosse Friendship Centre

Box 160  
Lajeunesse Ave.  
Ile-a-la-Crosse, SK.  
S0M 1C0  
Phone: (306) 833-2313  
Fax: (306) 833-2216  
E-mail: [ilx.friendctr.inc@sk.sympatico.ca](mailto:ilx.friendctr.inc@sk.sympatico.ca)



The mission of the Ile a la Crosse Friendship Centre is "To provide referrals, information, social, cultural, health awareness and recreational programs which insure a better quality of life for the people of Ile a la Crosse and surrounding areas."

The Ile a la Crosse Friendship Centre was officially incorporated in 1992, after the community realized that a pressing need for a social development centre existed. The local people quickly realized the challenge and the fact that there was no social development plan and that it would take a lot of commitment and support to this effort of self help.

Immediately, the community began renovating an old theater at a cost of \$180,000 (one hundred and eighty thousand dollars from local fundraising). In the years since incorporation, the Friendship Centre has played a lead role in accessing, initiating and implementing a multitude of projects and programs which have proven to be beneficial to the residents of Ile a la Crosse and surrounding communities.

## Programs

### Aboriginal Healing Foundation

The Aboriginal Healing Foundation has a number of Outdoor Wellness conferences for men, women and elders throughout the summer months. They are also planning a Residential School Reconciliation retreat in June 2002. There are also other events planned such as community gatherings, sweat lodge ceremonies, weekly prayer meetings (Tuesday evenings), support group meetings weekly for men and women. This program will be ending on August 31st of this year unless funding for the program gets re-approved.

### Urban Multipurpose Aboriginal Youth Centre

The UMAC have daily activities planned for the youth including such things as Homework help, Simply Accounting training, Rising Stars Karaoke Club, Craft Classes, bowling, swimming, movies and golfing. They have also sponsored events like Horse Sleigh rides, mini-



carnival, Floor Hockey and Basketball Tournaments, and co-sponsored other events with the Sakitawak Recreation, RCMP and the Rossignol School.

### Canada Prenatal Nutrition Program

The Prenatal Nutrition Program is planning a gardening project for their clients along with all the other activities that are usually offered such as workshops on various topics, home visits, cooking classes and support group meetings.

#### **Board Members**

| <u>Name</u>            | <u>Position</u>      |
|------------------------|----------------------|
| Freida Fineday         | Chairperson          |
| Peter Willier          | Vice Chairperson     |
| Janelle Roy            | Secretary/Youth Rep. |
| Alex Laliberte         | Treasurer            |
| Raymond Laliberte      | Board Member         |
| John Daigneault        | Board Member         |
| Brian Ratt             | Board Member         |
| Marie Adele Desjarlais | Board Member         |
| Peter Raymond          | Board Member         |

#### **Staff Members**

| <u>Name</u>        | <u>Position</u>                         |
|--------------------|---|
| Yvone Daigneault   | Executive Director                      |
| Jean Merasty       | Asst. Programs Admin.                   |
| Yvonne Gauthier    | AHS – Director                          |
| Nora Corrigan      | AHS – Teacher                           |
| Louise Laliberte   | AHS – Teacher Asst.                     |
| Anna Bouvier       | AHS – Teacher Asst.                     |
| Victor Iron        | AHS – Driver/Maint.                     |
| Karen Durocher     | AHS – Cook/Janitor                      |
| Barb Burnouf       | Prenatal Program -<br>Coordinator       |
| Jessy Corrigan     | Prenatal Program -<br>Asst. Coordinator |
| David Corrigan     | Youth Support Worker                    |
| Liz Durocher       | AHF – Project Manager                   |
| Don Favel          | AHF – Asst. Manager                     |
| Tanya Aramenko     | Court/Justice Worker                    |
| Myra Malbouf       | UMAYC – Director                        |
| Valerie Gardiner   | UMAYC – Asst. Director                  |
| Kirsten Gardiner   | Summer Student                          |
| Tina Gardiner      | Summer Student                          |
| Darren Gardiner    | Summer Student                          |
| Lisa Durocher      | Summer Student                          |
| Cynthia Daigneault | Summer Student                          |
| Kendal Durocher    | Summer Student                          |



# Kikinahk Friendship Centre

Box 254  
320 Boardman Street  
La Ronge, SK.  
S0J 1L0  
Phone: (306) 425-2051  
Fax: (306) 425-3359  
E-mail: [kikinahk@rongenet.sk.ca](mailto:kikinahk@rongenet.sk.ca)



Kikinahk Friendship Centre Inc. gradually grew from a community service group which began in late 1976 under the name Neginuk Friendship Centre. Over the years the Centre has grown to occupy (since 1986) a large building (13,000 sq. ft.) on Boardman Street in La Ronge with a gym, cafeteria, boardroom, several offices, preschool and a craft/activities room. The Centre began with the simple mandate of being a youth activity centre with emphasis on recreation.

Today, Kikinahk is a credible and integral part of the communities that together make up greater La Ronge. This includes the Town of La Ronge, Village of Air Ronge, and the Lac La Ronge Indian Band whose borders interact throughout these communities. It is proud to be a Multicultural Organization that provides social, recreational and business services to the entire community.

Kikinahk's mandate includes the following list of goals and objectives:

1. To provide a cultural centre for Indian, Metis, and non-status Indian persons;
2. To directly provide social welfare services to Aboriginal people through drop-in and phone-in counseling, resource and referral service;
3. To provide a recreational centre to persons of all ages, without discrimination, in La Ronge and area, through provision and sponsoring of recreational activities;
4. To develop programs which enable persons to gain self-confidence and leadership skills;
5. To provide a community focus for relations between Native and non-Native persons;
6. To provide job training skills and opportunity for employment for Native people.

## Programs

**After School Program:** This program runs daily throughout the school year after school is out. Both the primary and secondary school are within one block of Kikinahk, and children are invited to come after school and have a snack, do a craft, or play in the gym.



**Life Skills Training:** Our Teen Parent Worker is a life skills coach and teaches various clients the intricacies of doing things in their daily lives. In addition we have:

**Living Skills Training:** whereby clients are taught how to cook small nutritious meals for their families (using our café kitchen) or how to sew (using our eight sewing machines).

**Baby Sitting and Bus Driving:** are provided free of charge for our clients when taking any of the classes provided.. The children are looked after in our gym, family room, or allowed to play in our playground.

**Teen Parent Worker:** This worker assists teen parents with the problems of life including providing instruction in the 'Nobody's Perfect" program. She works as a team in providing previously mentioned classes.

**Family Service Worker:** provides needed support and intervention for families that are having trouble in their lives. This may include finding adequate housing, facilitating family visitations and dealing with government agencies on clients behalf.

**Mediation Diversion:** Our worker works with the Courts, Police, Crown Prosecutors, Victims and Accused in mediating an agreement between injured parties. While our program deals primarily with youth's in trouble with the law, we do accept adult referrals also.

**Headstart Preschool:** This program funded by Health Canada allows this center the opportunity to enroll thirty children that are three and four years old. Operating four days a week, our center picks these children up at their homes and brings them to our center for a structured pre-school program. This program includes provision of an early breakfast and lunch, and a morning and afternoon snack. Our three teachers, (soon to be four) have structured classes that allow our children to learn both English and Cree letters, words, songs, and activities. A craft period is also included, as well as playtime in either the playground or the gym. Parents of these children are required to assist with the program at times, and to enroll in the Living and Life skills classes that we also offer. For those families with other children at home that are not included in this program, baby sitting is provided.

**Prenatal Nutrition Program:** This program funded by Health Canada allows us the opportunity to assist pre and post natal women with ensuring that they follow nutritious practices while pregnant, and later while nursing the baby. This program offers counseling and intake services to determine whether any of the mothers or babies are at risk, and provides supplements (milk coupons or vitamins) determined to be so. In addition our program provides nutrition classes, and mothers and their families are encouraged to enroll in our Life and Living skills classes in order to learn, socialize, and become prepared for the future.

**Recreation Programming:** We have year around programming for recreational activities at our center. This includes structured volley ball and floor hockey in the gym, and activities away from the center. Through the use of Kikinahk's bus and two minivans we are able to transport staff and participants to various locations around town. This year Kikinahk has given it's gym a face lift, we have added new flooring and a coat of paint to our gym. During the school year we



normally add three extra recreation persons and have the center open until 10 p.m. most evenings.. Friday nights we offer free Teen dances for local youth, and are open until midnight.

**Cafe and Catering:** The entire community uses our center for various activities including Conferences, Meetings, and Weddings. This center provides fine cooked meals, (regular and traditional) for groups of 40 to 500 . Revenue generated through our food and liquor service is returned to the community through provision of other programs such as the After School Program.

**Alcoholics Anonymous:** Meetings twice per week on Wednesday evenings and Saturday evenings.

**Narcotics Anonymous:** Meetings on Tuesday evenings.

**Sewing classes:** Held on Tuesday evenings.

**Youth Outreach Worker:** Works with the teens of our community on "street" level.

**Parents of Teens Program:** This includes our Program coordinator and a grandmother and grandfather who will work with teens and their parents to foster better and healthier family lifestyles.

**Board Members**

| <u>Name</u>             | <u>Position</u> |
|-------------------------|-----------------|
| Lloyd Robertson         | President       |
| Calla Gordon            | Vice President  |
| Glen La Fleur           | Treasurer       |
| Stan Dugan              | Board Member    |
| <br>                    |                 |
| Karen Kilgour           | Board Member    |
| Karen Sanderson         | Board Member    |
| Jason Madsen<br>(Youth) | Board Member    |

**Staff Members continued..**

| <u>Name</u>        | <u>Position</u>                     |
|--------------------|-------------------------------------|
| Jean Halkett       | AfterSchool Program                 |
| Flora Roberts      | Prenatal Coordinator                |
| Regina Poitras     | Prenatal Assistant                  |
| Adele Rivard       | Alternative Measures<br>Coordinator |
| Maureen Mckay      | Teen Parent Worker                  |
| Sonia Roy          | Family Service Worker               |
| Ernest Morin       | UMAYC Coordinator                   |
| <br>               |                                     |
| Jason Brooks       | Youth Outreach                      |
| Hannah Charles     | Parents and Teen<br>Coordinator     |
| Solomon Ross       | Evening Recreation Program          |
| Caroline McKenzie  | Evening Janitorial                  |
| Charmaine Bird     | UMAYC Evening                       |
| Jeff Irvine        | Youth Programming                   |
| Nicole Charles     | Youth Prog./Babysitting             |
| Susan Keighley     | Bus Driver                          |
| Joanne Powder      | Youth Programming                   |
| Michael Kunitz     | Youth Programming                   |
| Georgina Sanderson | Youth Programming                   |
| Sheldon Landry     | UMAYC Programming                   |

**Staff Members**

|                  |                       |
|------------------|-----------------------|
| Ron Woytowich    | Executive Director    |
| Moses Bird       | Elder                 |
| Mary Bird        | Elder                 |
| MaryAnne Dumais  | Executive Secretary   |
| John Bronn       | Bookkeeper            |
| Ian Bonter       | Operations            |
| Candl Ratt       | Headstart Coordinator |
| Laureen Spence   | Headstart Teacher     |
| Florence Charles | Headstart Teacher     |



# La Loche Friendship Centre

Box 430  
La Loche Avenue  
La Loche, SK.  
S0M 1G0  
Phone: (306) 822-1772  
Fax: (306) 822-1787  
E-mail: [laloche.fc@sk.sympatico.ca](mailto:laloche.fc@sk.sympatico.ca)

In 1997, the La Loche Community Development Corporation re-initiated the dialogue to access friendship centre programs and services for La Loche. The CDC provided staff, funding, expertise, supplies, meeting rooms and extensive volunteerism, free of charge, for the communities' quest to access funding for a friendship centre.

The La Loche Friendship Centre was incorporated in 1997 and became a partner organization in the delivery of program and services in La Loche. A volunteer management committee began the process of developing terms of reference, bylaws and constitution, policy, procedures and structures, under the direction of the FC Board.

In 1998 satellite funding was provided to La Loche through the Buffalo Narrows Friendship Centre to offset the costs of a program coordinator. In 1999 – 2000, the La Loche Friendship Centre was granted access to funding available in the province through the Aboriginal Friendship Centres of Saskatchewan, finally, an opportunity to provide program and services to the community of La Loche.

During 2000 – 2001, the La Loche Friendship Centre, along with all friendship centres in Saskatchewan, accessed funding through the National Association of Aboriginal Friendship Centres to offer the Urban Multi-purpose Aboriginal Youth Centres program to our community. Once again, the La Loche Community Development Corporation was instrumental in the success of the acquisition of the program by providing program development support and expertise. The La Loche CDC also provides building space, as there are no facilities to rent in our community.

Being a member of the Provincial and National Friendship Centre movement has brought many opportunities to the community of La Loche. Friendship Centre funding has created employment, provided training, facilitated community consultation for direction, provided equipment for youth projects and has provided access to other aboriginal organizations striving towards the same goals.

**Program Information Coming Soon...**



| <b>Board Members</b> |              | <b>Staff Members</b> |                    |
|----------------------|--------------|----------------------|--------------------|
| Name                 | Position     | Name                 | Position           |
| Deborah DeCaux       | Board Member | Viviane Janvier      | Executive Director |
| Pauline Fontaine     | Board Member | Joanne Janvier       | UMAYC Coordinator  |
| Greg Hatch           | Board Member |                      |                    |
| John Hiebert         | Board Member |                      |                    |
| Emile Janvier        | Board Member |                      |                    |
| JJ Janvier           | Board Member |                      |                    |
| Randy Janvier        | Board Member |                      |                    |
| Jim Lemaigre         | Board Member |                      |                    |
| Armand Murray        | Board Member |                      |                    |
| Bernice Park         | Board Member |                      |                    |
|                      |              |                      |                    |

# Moose Mountain Friendship Centre

Box 207  
318 Railway Ave. W.  
Carlyle, SK.  
S0C 0K0  
Phone: (306) 453-2425  
Fax: (306) 453-6777  
E-mail: [moosemntfc@sk.sympatico.ca](mailto:moosemntfc@sk.sympatico.ca)

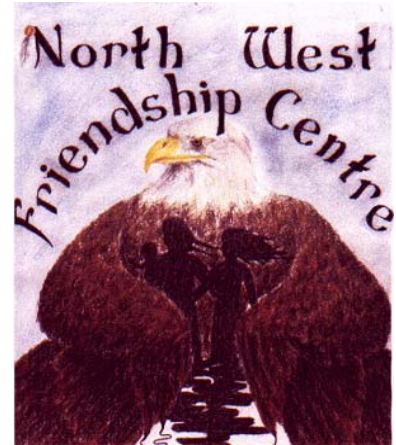


## History & Program Information Coming Soon...

| Board Members               |                  | Staff Members   |                    |
|-----------------------------|------------------|-----------------|--------------------|
| Name                        | Position         | Name            | Position           |
| Rod McArthur                | President        | Laurie Bigstone | Executive Director |
| Claudette Parisien          | Vice President   |                 |                    |
| Cindy McArthur              | Secretary        |                 |                    |
| Dwayne Bigstone             | Treasurer        |                 |                    |
| Sean Hamilton               | Board Member     |                 |                    |
| Rose McArthur               | Board Member     |                 |                    |
| Shianne McArthur            | Board Member     |                 |                    |
| Hon. BM Ron Paul            | Mayor of Carlyle |                 |                    |
| Hon. BM Roberta Littlechief | Councilor WBFN   |                 |                    |
|                             |                  |                 |                    |
|                             |                  |                 |                    |

# North West Friendship Centre

Box 1780  
205 Centre Street  
Meadow Lake, SK.  
S0M 1V0  
Phone: (306) 236-3766  
Fax: (306) 236-5451  
E-mail: [mlkfc@sk.sympatico.ca](mailto:mlkfc@sk.sympatico.ca)



The Northwest Friendship Centre has been in existence since 1971. It began as a drop in centre for people of native ancestry and others who could come together to meet and socialize in an atmosphere where all were equal and accepted. In 1973, NWFC was registered under the Societies Act and in June of 1981, incorporated under the Non Profit Corporations Act. Within the centre there are many programs that experienced another great year of success during the last 12 months. They are programs that are working together to create a better lifestyle and environment for our clients.

## Programs

### Family Worker/Teen Young Parent Program

This program is designated to provide family counseling, money management and budgeting workshops, effective parenting workshops, family crisis services, trusteeship and referrals. The Teen and Young Parent program is funded through Saskatchewan Social Services and offers clients individual/family counseling, life choice counseling for expectant parents, relationships, personal hygiene, budgeting, parent support meeting etc. Judy Ross, who is the counselor for this program, is also sitting on a number of interagency committees in our community. This assists her in respect to what is happening within other organizations and agencies. This program helps put on annual events at the Friendship Centre such as Halloween parties, children's Christmas party etc. through the services of parents/clients as volunteers. In the past the coordinator has also sponsored various workshops dealing with all aspects of families and relationships.

### Healthy Babies Right From the Start

This program is funded through Health Canada. The program started in July 1995 with respect to a combined live birth data survey that identified that 6.44% of all births in the NQ Health District are considered to be low birth weight, which at this time is the highest rate in the province. Low birth weight and prematurity are the predominant risk factors contributing to infant morbidity and mortality. The program focuses on at risk pregnant women, who are most likely to have unhealthy babies because of poor nutrition and overall health. Priority is given to women living in poverty, pregnant teens, women who drink or use drugs, women living in

violent situations or those diagnosed with diabetes. This program also targets women who are off reserve Aboriginal, recent immigrants, or those living in isolation with little access to services. Services include, dietary assessment and nutrition counseling, milk and vitamins/mineral supplementation, healthy lifestyle education and breast feeding education and support.

The purpose of this program is to support women through their pregnancy and reduce the incidence of low birth weights in the district for healthier children today and a healthier population tomorrow. In the past year, Marcia Labossiere, who is our Prenatal Outreach worker, worked with approximately 70 clients. Also with this program we have a nutritionist from North Battleford that works with Marcia in preparing assessments for her clients. This program works with an interagency group made up of Dr. Letkeman, Public Health, School Division, Hospital Staff, Executive Director of the Friendship Centre etc.

### **Family Violence Prevention Program**

This program is funded through Saskatchewan Social Services, and Community Based Organizations. Its objectives are to provide education, encouragement and support to enable the Northwest region communities to address family violence issues effectively. These needs are being addressed through meetings, workshops, theatre groups and discussions. Brenda Villeneuve our coordinator for the Family Violence Prevention Program as well as the Family Support Program, is also in the process of setting up a Northwest newsletter regarding Family Violence issues, workshops, and other pertinent information. This program provides the centre with many family oriented activities annually such as the Family Fun Day, which includes a pancake breakfast. Brenda has organized a committee made up of community organizations and agencies to work on a community Protocol for Abused Women and their families. This committee is still working towards their goal of creating a protocol, which can be used by the whole community.

### **In Home Support Program**

This program is jointly funded by Social Services and the Friendship Centre. The coordinator, Brenda Villeneuve, sets up contracts with support workers who go into the homes. At the present time the coordinator has four active support workers who go into the homes to do counseling, budgeting and general family support programming.

### **Driving Without Impairment Program**

This program consists of a 16-hour course with the main objective of separating the acts of drinking and driving. In an average year the Centre puts 4 to 6 of these courses with anywhere from 30 to 50 participants overall. Each set of classes held consist of one weekend of films, questionnaire's and lectures by the local RCMP, Alcohol Counselors and instructors. The Friendship Centre also puts on the course for other local communities through contract agreements.

### **Court worker Program**

This program has an advisory council, which consists of the Tribal Council, Metis Society and the Friendship Centre. The program serves the areas of Loon Lake, Pierceland, Green Lake and Meadow Lake. We have two court workers in places that have served over 500 clients in





the past year. Designed as a liaison between the accused, the court and the counsel, the program helps explain the justice system to the accused and to make the needs of the accused known to the court. It helps to counsel Aboriginal people and advise them of their rights and services available to them and, when needed, to accomplish this goal in their own language.

### Fine Option Program

Our receptionist, Marilyn Mannix, coordinates this program. In the past year we have served approximately 180 clients who have worked over 7500 hours towards payment of court imposed fines. This program provides offenders, who cannot afford to pay their fines, the opportunity to do community service work equivalent to the dollar amount of their fines instead of going to jail. Most of the community service hours are put in through organizations such as the Metis Society, Bingo Hall, Flying Dust Reserve, Robert Simard Centre, etc.

### General Services

The Centre also offers general services to its membership such as typing, preparing basic income tax returns, preparing resumes which are kept on file for future reference, photocopying, faxing, general information services as well as referrals. We also have a commissioner of oaths on staff to help with legal documentation. The Friendship Centre also rents out our board and conference rooms to local community organizations. This provides local organizations with a meeting place as well as helps offset some program costs, which are not covered by other funding sources. The Friendship Centre operates from 9:00am to 5:00pm Monday through Friday. Drop in and see us anytime, the coffee is always on.

#### **Board Members**

| <u>Name</u>       | <u>Position</u>    |
|-------------------|--------------------|
| Gwen King         | President          |
| Sharon Corrigan   | Vice President     |
| Louise Morin      | Secretary          |
| Gerald Durocher   | Treasurer          |
|                   |                    |
| Herby Rowland     | Board Member       |
| Priscilla Millar  | Board Member       |
|                   |                    |
| Marian King       | Board Member       |
|                   |                    |
| Bertha Ouellette  | Elder Board Member |
| Lawrence Sinclair | Youth Board Member |

#### **Staff Members**

| <u>Name</u>       | <u>Position</u>  |
|-------------------|--|
| Gladys Joseph     | Executive Director   |
| Carol Morin       | Administrator  |
| Marilyn Mannix    | Secretary  |
| Brenda Villeneuve | In Home Support<br>Family Violence<br>Prevention Coordinator |
|                   |  |
| Wanda Lantz       | Teen Parent Worker   |
| Lori Lepine       | Prenatal Outreach<br>Worker                                  |
|                   |  |
| Susan Moncrief    | Prenatal Outreach<br>Worker                                  |
|                   |  |
| Mavis Pambrum     | Aboriginal Courtworker                                       |
| Dora Buxton       | Aboriginal Court<br>worker                                   |
|                   |  |
| Jessie Villeneuve | Youth Worker   |
| Greg Villeneuve   | Youth Worker   |



# Prince Albert Indian & Metis Friendship Centre

94 15<sup>th</sup> Street East  
Prince Albert, SK.  
S6V 1E8

Phone: (306) 764-3431

Fax: (306) 763-3205

E-mail: [paimfc@sk.sympatico.ca](mailto:paimfc@sk.sympatico.ca)



The Prince Albert Indian and Metis Friendship Centre was originally established in 1958 as the Indian Metis Service Council. It was organized by a group of community volunteers who were interested in assisting urban people of Aboriginal background. By 1962, the Council became the Indian and Metis Friendship Centre of Prince Albert, one of four original centres in the Province. By 1963, the Centre received formal recognition from Municipal, Provincial and Federal levels.

The PAIMFC is a non-political, non-sectarian, autonomous social service agency existing to administer and implement programs to meet the needs of Aboriginal people either migrating to cities or living in them. The Friendship Centre is a bridge attempting to narrow the gap between two cultures, between a rural setting and an urban one.

The objectives of the PAIMFC are as follows:

1. To identify and cater to the social, cultural and recreational needs of the Indian and Metis people of Prince Albert and environs, as such needs are ascertained.
2. To initiate community action in respect of those needs set forth in subparagraph (1) hereof;
3. To enhance community participation by the people of Aboriginal descent.
4. To promote better understanding and relations between Aboriginal and non-Aboriginal citizens.

## Programs

### Mediation Alternative Measures Program

- Mediation is a voluntary program that allows youth between the ages of 12-17 an opportunity to deal with a criminal charge in a way that is positive. It provides direction to make amends. Mediation allows victims of crime voice their concerns, and gives them a 'say' in what happens in the case.
- The Crown Prosecutor's Office reviews what the young person's file to see if there is enough information to lay a charge. If there is, and if the accused does not have a

repeating pattern of criminal behavior, the Crown will refer the case to the mediation program. If the accused young person decides to take part in Mediation, the case is adjourned for eight weeks or more dependant upon circumstances involved.

- Before Mediation can happen, the young person must admit to some responsibility and the victim must agree to take part. If the victim refuses to participate, a surrogate victim is then used to represent the actual victim involved.
- The Mediator will help the people involved in mediation understand what is involved and they will be given a chance to speak in a meeting. The mediator will help the victim and the accused reach an agreement that they both feel good about. Once the agreement is reached, the Mediator helps make the agreement happen. The mediator then reports back to the court.

### Stop Lift Program

- Alternative measures also offer the Stop Lift Program, which is recognized and beneficial to the kids. Stop Life is a series of classes designed to help kids in the program steer away from shoplifting.

### Aboriginal Court Workers

- The Aboriginal Court worker program is mandated to assist Aboriginal youth and adults charged with an offense and youth alleged to have committed an offense before the criminal courts receive fair, just, equitable and culturally sensitive treatment.

#### Duties and Responsibilities

- Identify individuals who require services with emphasis on early intervention.
- Interview clients
- Explain to the accused the reason(s) for their charges and provide general information on legal rights (e.g.: right to counsel) and responsibilities in regard to the charge(s).
- Explain to the accused family and if necessary to the aboriginal community, the judicial system.
- Assist the client to obtain legal counsel and advice.
- Assist in identifying individuals who require services of legal aide and assist in explaining application procedures to the accused.
- Do liaison work with agencies that can assist the accused particularly the police, defense counsel, the court and the crown, to ensure they have all the information necessary to deal fairly with the accused.
- Find out if client requires adjournment, why and until when.
- Explain to the client the nature and meaning of any measures taken against them by the court (such as bail, detention, or conditional release).
- Conduct interviews with witnesses or references to assist in understanding the immediate circumstances of the accuser" position.
- Assist accused in tracking down charges, arranging for voluntary appearances, transferring of charges, etc...

- Assist the accused to prepare information to speak to sentencing.
- Be available in court to provide appropriate information about the accused to defense counsel, the judge and the prosecutor as well as help clarify matters for the accused. This may include speaking as a “friend in court” on behalf of the accused.
- Assist client in small claims court, child custody at court, and youth court.

### Family Worker Program

The Family Worker Program objectives are to provide support family services to Aboriginal people in Prince Albert and area. The Family Worker duties involve assisting clients with a wide range of needs of a social nature such as:

- Information and referral to refer clients to the appropriate social service resources.
- Family and individual counseling to provide information and support clients experiencing various social problems.
- Home visits – provide supportive visits to clients in their home.
- Advocacy – Act as an Advocate to assist the clients in dealing with government agencies, landlords, and employers.
- Housing – assist clients moving into Prince Albert in finding income based adequate housing.
- Food Bank Referrals – food bank referrals are made from (9 -11:30 AM) Mon. -Fri.
- Income Tax Forms – Assists Elderly with income tax returns.
- Transient Aid – Reviews & Issues emergency transient aid.

### Fine Option Program

The Indian & Metis Friendship Centre of Prince Albert is the Adult Fine Option Agency for the City of Prince Albert. The Fine Option Program is an alternative to monetary payment of fine enabling offenders to work at minimum wage rate for non-profit organizations. This service is available to anyone in need.

#### Duties & Responsibilities

- Register on a daily basis, individuals who bring their notice of fines.
- Explain work procedures with the clients, about the work placement agencies.
- Confer with them on placement and to see what placement is suitable for them in regard to distance to travel, and type of suitable work, which accommodates their health.
- Give the participants any necessary information regarding the work placement agencies and their expectations of how they want the Fine option worker to adhere to their rules and regulations.
- The agent is responsible in monitoring individuals, who are ordered by the courts. To perform community service hours.
- The agent places individuals at job sites, and they are treated the same way as employees at the job site.
- Continue to recruit further agencies and organizations for the Fine Option Program.



- Stress the need for suitable work regarding students, employees, and individuals for after hours and on weekends.

### **Board Members**

| <b><u>Name</u></b> | <b><u>Position</u></b> |
|--------------------|------------------------|
| Pat Dreaver        | President              |
| Julie Pitzel       | Vice President         |
| Ron Fiddler        | Treasurer              |
| Carol Friedhoff    | Secretary              |
| June Anderson      | Elder Rep.             |
| Aleyna Stene       | Youth Rep.             |
| Mike Pocha         | Board Member           |
| Bonnie Paykeekoot  | Board Member           |
| George Sayese      | Board Member           |
| Barry Robertson    | Board Member           |
| Raymond Burns      | Board Member           |
| Brenda Holmlund    | Board Member           |
| Donna Soles        | Board Member           |

### **Staff Members**

| <b><u>Name</u></b>    | <b><u>Position</u></b> |
|-----------------------|------------------------|
| Allan Dreaver         | Executive Director     |
| Rose Henry            | Program Director       |
| Frank Carriere        | Alternative Measures   |
| Janet Carriere        | Fine Option            |
| Lizette Whitehead     | Financial Assistant    |
| Velma Loonskin        | Family Worker          |
| Elise Macaskill       | Family Wellness Worker |
| Darcy Gervais         | Court Worker           |
| Bertha Birdsall Burns | Court Worker           |
| Brian Best            | Maintenance            |
| Leslie Choumont       | Receptionist           |

# Qu'Appelle Valley Friendship Centre

Box 240  
166 Louisa Avenue  
Fort Qu'Appelle, SK.  
S0G 1S0  
Phone: (306) 332-5616  
Fax: (306) 332-5091  
E-mail: [qvfc@sk.sympatico.ca](mailto:qvfc@sk.sympatico.ca)



## **Mission Statement**

The purpose the Q.V.F.C. is to provide a range of support and direct services to the Aboriginal Community in fort Qu'Appelle. In addition, the Centre strives to bridge the gap between Aboriginal people and society at large through assisting in the process of social interaction, the sharing of cultures, and the advocacy of harmonious working relationships between communities and cultures

## **Objectives**

1. To increase Aboriginal peoples' awareness of the services available to them in their community and the community of Fort Qu'Appelle and encourage the use of available resources.
2. To provide support to the family unit is experiencing immediate and on-going difficulties in the urban environment.
3. To provide support to the family, individual, group, and community in coping with environmental difficulties and thereby reducing the number of negative contacts with police, Social Services, and other crisis situations.
4. To provide and support services of a preventative nature to minimize the escalation of crisis situations.
5. To provide assistance in the process of integration and the sharing of cultures, language translation, etc.
6. Act as a liaison between the people of Aboriginal descent, government, and other resource agencies with respect to housing, employment, and education.
7. Design and implement other programs essential to meet the needs of the Aboriginal community.

## **Programs**

### **Basin Personal Services**

- Drop in Centre
- Library, pamphlets and information services & newsletters
- Use of Boardroom for outside groups



### **Housing and Employment**

- Housing searches & referrals
- Job postings
- Resume development & preparation
- Letters
- Use of telephone, fax & photocopier

### **Sustenance, Maintenance and Basic Services**

- Emergency food bank(local)
- Christmas hampers(groceries and gifts)

### **Counseling and Referral Services**

- Pension
- Social Assistance
- National Health and Welfare
- Alcohol, Drug and Suicide
- Ombudsman
- Human Rights Commission
- Rentalsman
- Revenue Canada
- Veteran's Affairs Canada

### **Legal Services**

- Fine Option Program
- Post Warrant Fine Option Program
- Community Service Orders
- Youth Alternative Measures Program (Y.A.M.P.)
- Driving Without Impairment Program (D.W.I.)

### **Literacy Programs**

- Income Tax filing and GST Credit Applications
- Completing forms for seniors (Old Age Security, Guaranteed Income Supplement and Canada Pension)
- Providing space for tutors and students

### **Community Involvement**

- Buckle Up Baby (Baby Car Seat Rentals)





- Providing speakers for schools and colleges on legal matters, cross cultural, and programming at Friendship Centres
- Liaison with Town Council, Tribal Council, Community Play, Local Service Clubs, New Dawn Valley Treatment Centre, Qu'Appelle Haven, and Government Agencies and Departments.

### Diabetes Program

- Educate the public on Diabetes and its prevention
- Preventative measures and education regarding Diabetic complications
- Drop in Centre for blood sugar and blood pressure monitoring
- Diet and Exercise counseling
- Referral to other medical and counseling agencies
- Special events and public speaking regarding Diabetic education
- Community garden and horticultural education for Diabetic nutrition

### External Involvement

- Conduct workshops for other boards on parliamentary procedures and roles and responsibilities of boards.
- Provide independent chairperson for annual meetings
- Provide liaison to and membership in:
  - Fort Qu'Appelle R.C.M.P. Local Advisory Committee
  - Regina Subdivision R.C.M.P. Local Advisory Committee
  - Parkland Regional College Board
  - Advisory for N.S.I.M
  - Pathways Board
- Fort Qu'Appelle Interagency Organization
- Southeast Metis Development
- Social Services: Talking Circle

### **Board Members**

| <u>Name</u>  | <u>Position</u> |
|--------------|-----------------|
| Penny Harvey | President       |
| Greg Amyotte | Vice President  |
| Miles Davis  | Secretary       |
| Gary Hanes   | Treasurer       |
| Gerid Coates | Youth Rep.      |
| Red Thomas   | Director        |
| Mel Taypotat | Director        |
| Carol Johns  | Director        |

### **Staff Members**

| <u>Name</u>        | <u>Position</u>                  |
|--------------------|----------------------------------|
| Ross Cowan         | Acting Executive Director        |
| Debbie Horne       | Youth Worker                     |
| Wendy Whitebear    | Youth Program Coordinator        |
| Rob Donison        | Alternative Measures Coordinator |
| Teri Lavik         | Diabetes Officer                 |
| John Lavallee      | Youth Worker                     |
| Dawn LaCroix Neely | Receptionist                     |
| Sharon Gambler     | Accounting                       |

# Regina Friendship Centre

3100 Dewdney Avenue  
Regina, SK.  
S4T 0Y7

Phone: (306) 525-5459

Fax: (306) 525-3005

E-mail: [rfcc@sk.sympatico.ca](mailto:rfcc@sk.sympatico.ca)



The Regina Friendship Centre is a Human Service Organization committed to delivering Programs and Services for at Risk Children, Youth and their families. Our Organization provides a holistic approach in addressing crisis and social issues. Our communities are to promote and develop Family Support systems that enhance the Emotional, Mental Physical and Spiritual of our community.

The Regina Friendship Centre has succeeded in re-establishing itself as a vital institution for our community. The Thousands of people that come through the doors every week is an illustration of how valuable it has come to be for many of us and what role we will have in helping building our future.

The goal of the Regina Friendship Centre Corporation is to promote self-recognition and recognition by the community-at-large of the identity, culture and heritage of Aboriginal Peoples of Regina.

- the promotion of causes and issues important to the Regina Aboriginal community
- Informing political leaders and government officials concerning socio-economic cultural issues necessary to assist the Regina Aboriginal community in participating more fully in the life of the community and the larger society
- show respect and honour for all Aboriginal beliefs and customs
- be committed to information sharing, referrals, recreation and social activities, cultural reinforcement, community development and similar activities which will ensure that Aboriginal people will be afforded a better quality of life through Aboriginal self-determination

## **Programs**

### **Child Youth and Families At Risk Program (C.Y.F.A.R.)**

The Child Youth and Families at Risk Program is an innovative program in which the focus is on “High Risk” youth and our communities most exasperating issue, “auto theft.” The Regina



Friendship Centre is fully aware of the impact this problem is having on our community. Consequently the R.F.C.C. has accepted the responsibility and challenge to address it. This commitment however was not entered in to lightly. We realize that many of the motivating factors that influence these kids originates from the socio-economic of urban poverty. Add to that the dysfunctionality of family breakdowns and street life that is fouled by crime, gangs, and peer pressure, and you have the ingredients that are necessary to persuade these kids to commit crime. The C.Y.F.A.R. program's focus is on holistic healing. Our elders will assist the youth in a journey to rediscover their spirit through cultural activity and ceremony and will teach our youth to live a balanced lifestyle.

### **Programming:**

- Child, Youth and Family at Risk Program (C.Y.F.A.R.)
- Women's Healing Circle
- Men's Healing Circle
- Radio Program 91.3 FM CJTR
- 2 on 2 Summer Basket Ball League
- R.F.C.C. Survey for North Central Residents
- Youth Recreation Programs
- "Youth 4 Youth" Aboriginal Youth Leadership Development Conference August 15<sup>th</sup>-18<sup>th</sup>, 2002.
- Call us for more information or to get involved in any of the programs we offer.

### **Services Offered:**

- Drop in Centre, Free Coffee All Day
- Food Bank Referrals
- Free Bread Mondays and Wednesdays after 2:00 PM
- Clothing Bank – depending on donations
- Hall Rental for small groups
- Faxing, typing and photocopying



- Job Postings
- 24 Hour Crisis Line
- Youth Opportunities/Events Bulletin Board

### **Executive Director Report**

Tansi,

To the Indian and Metis Communities of Regina I hope that having reached this mid-term point in our summer has given you and your families some well deserved enjoyment.

Here at the Regina Friendship Centre we have been busy organizing events and maintaining programs to ensure our Centre is about to effect maximum change and reach the most people. In spite this effort however it is still a challenging task to provide these types of services that so many of our people require.

Overall I believe the impact we have made in the short time period we have been back here in the North Central Area has been significant. The many thousands of people that have visited us utilized the programs have been overwhelming, supportive of our efforts and for that I am indeed thankful.

Through the rewards of receiving this kind of satisfaction we want to continue on in our efforts at serving the Aboriginal communities.

In Friendship,

Conrad Lavalley  
Executive Director  
The Regina Friendship Centre



**Board Members**

**Name**

Maurice Aubichon

Valerie Welz  
(Stevenson)

Len Young

Candace McLaughlin

Eugene Aubichon

Emilia Laliberte

Dora Morin

Jeff Zehner

Margarie Obleman

**Position**

President

Vice President

Treasurer

Secretary

Board Member

Board Member

Board Member

Board Member

Board Member

**Staff Members**

**Name**

Conrad Lavalley

Ernest Lavalley

Starla Eashappie

Stacy Bear

Ashley Norton

Doug Aubichon

Kim Stone

Eileen McDougal

Ryan Smith

**Position**

Executive Director

Youth Program

Admin. Assistant

Youth Worker

Youth Worker

Youth Worker

Community

Development Worker

Community

Development Worker

Summer Student

# Saskatoon Indian & Metis Friendship Centre

168 Wall Street  
Saskatoon, SK.  
S7K 1N4

Phone: (306) 244-0174

Fax: (306) 664-2536

E-mail: [simfc@sk.sympatico.ca](mailto:simfc@sk.sympatico.ca)



The Saskatoon Indian & Metis Friendship Centre is a non-profit organization that was incorporated in 1963. The main vision of the Indian & Metis Friendship Centre is to assist Aboriginal citizens. Since the inception, the centre has developed and delivered numerous social, recreational and cultural programs.

## Purpose:

The Indian & Metis Friendship Centre is designed to improve the quality of life of Aboriginal people in an urban environment by supporting self-determined activities which promote Aboriginal culture distinctiveness, and which respect equal access to and participation in Canadian society.

## Objectives:

1. To provide a reception centre for migrating Aboriginal people coming to the city of Saskatoon.
2. To provide an information and referral service for Aboriginal people residing in the city.
3. To provide a place where cultural activities and identification can be carried on and maintained.
4. To provide a meeting place where the Aboriginal and non-Aboriginal community can come together, mutually support each other, and exchange ideas and values.
5. To act as a catalyst for identifying Aboriginal concerns and needs.

## Programs

### Youth Group

The Saskatoon Indian & Metis Friendship Centre Youth Group was created for youth between the ages of 12 - 24. The Youth Group offers a variety of programs for the youth to learn and gain knowledge in different activities.

### **Youth Works**

The Saskatoon Indian and Metis Friendship Centre believes that many young people who find themselves in conflict with the law would be willing to make restitution to their victim, but they lack the opportunity or the skills to do so. It is for this reason that we have developed the Youth Works Program.

Through this project, young persons will be offered an opportunity to work (under qualified adult supervision) in the community on paid projects, which we arrange for them. Fifty percent of the money youth earn from each job will be paid to their victim to lessen the financial impact their behavior has caused. Youth receive a portion of the profit from the job to provide an incentive to reinforce non-criminal behavior. They will also acquire job skills that will assist them now and in the future.

### **Family Violence Program**

The main purpose of the Family Violence Program will be to provide healing from the hurtful effects of Family Violence in a manner that incorporates a holistic approach.

#### **Goals and Objectives:**

1. To provide individual, family or group counseling to heal from effects related to family violence that is appropriate to the unique backgrounds of the individuals we serve.
2. To provide a safe environment in which confidentiality is respected.
3. To provide support in a non-threatening manner.
4. To adopt a family approach to healing.
5. To provide intervention and alternative ways to deal with abuse. (anger, frustration, abuse, distorted thinking, self-talk, dysfunctional relationships and codependency.)

### **Family Worker/Trustee Program**

The Family Services Program offers many services to "walk-in" or referred clients; as well as our current "regular" clients to whom we provide trustee services.

#### **Objectives:**

To work in the general area of Human Services, providing encouragement and support to individuals and families of Native origin.

1. Provide guidance and counseling to clients.
2. Initiate contact and maintain an information system with all organizations and agencies.
3. Enhance cultural and community awareness of the issues facing Native people in an urban setting.

### **Hepatitis C Partnership**

The Saskatoon Hepatitis C Partnership is comprised of the Saskatoon Indian & Metis Friendship Centre, Saskatoon District Health, Saskatoon Tribal Council and Elizabeth Fry, with project funding from Health Canada. The Indian & Metis Friendship Centre administers the project funds, provides office space and supervision to the Hepatitis C Facilitator.



**Project Goal:**

The overall goal of the project is to contribute to a better understanding of Hepatitis C within a targeted population in Saskatoon.

- Through education, we will be able to reach a large number of people, many of whom are at high risk for Hepatitis C or affected by Hepatitis C.
- Community based education will provide support for those making lifestyle changes or living with the disease through referrals and the opportunity to network with others.
- Culturally sensitive and appropriate programming will allow the partnership to extend its reach in order to enhance understanding in a more holistic way.  
Funding will allow the Saskatoon Partnership to develop, implement and evaluate the project and to recommend sustainability of the project.

**Board Members**

| <b><u>Name</u></b> | <b><u>Position</u></b> |
|--------------------|------------------------|
| Lyndon Linklater   | Chairman               |
| Norris Petit       | Board Member           |
| Winston Mckay      | Board Member           |
| James Caron        | Board Member           |
| Rick Daniels       | Board Member           |
| Robert Cameron     | Board Member           |
| Michael Maurice    | Board Member           |
| Neil McCormick     | Board Member           |
| Louise Oelke       | Board Member           |
| Louis Evanchuk     | Board Member           |

**Staff Members**

| <b><u>Name</u></b>  | <b><u>Position</u></b> |
|---------------------|------------------------|
| May Henderson       | Executive Director     |
| Paul Koo            | Accountant             |
| Keith Chilton       | Trustee Worker         |
| Marilyn Morrissette | Family Worker          |
| Julia Durocher      | Family Violence        |
| Gwen Gleason-Graham | Hep. C. Facilitator    |
| Wesley Maminas      | Caretaker              |





# Sipisishk Friendship Centre

Box 19  
Beauval, SK.  
S0M 0G0  
Phone: (306) 288-4747  
Fax: (306) 288-2236  
E-mail: [sipisishk@sasktel.net](mailto:sipisishk@sasktel.net)

## Background

The concept of applying for membership in the Saskatchewan Aboriginal Friendship Centre (AFCS) originated at a public meeting held May 9, 1999 in Beauval. The meeting was called by concerned citizens in an attempt to begin finding ways to address the numerous social problems that were surfacing at an alarming rate. Parents were overwhelmed, the schools were asking for help and the courts were getting filled with young offenders.

The people in attendance identified the many positives we had going in the community and wanted to build on them rather than focusing on the negatives. In order to get to the root causes of the problems, there had to be a plan in place to identify, coordinate and bring the community together to work on issues. Throughout the meeting, several references were made regarding other communities running different programs and making resources accessible to their residents. Research provided is with information that AFCS were the basis from which many problems were being administered and why not apply for membership?

A letter was drafted up and sent to the AFCS asking for information on how we can apply for membership and it wasn't acknowledged immediately however towards the end of the year, we found out that the next meeting of the AFCS was happening in January, 2000 and Beauval was placed on the Agenda. The Beauval Council agreed to cover costs to send four delegates to make a presentation to the AFCS Board in Saskatoon. The outcome was favorable and Beauval was accepted into the membership. Furthermore, the delegates were assured that the Provincial Coordinator would be available to assist in the Incorporation and start-up process.

Following the meeting, an interim Board of Directors was formed consisting of seven (7) members and adopted the name "Sipisishk Friendship Centre". Because we didn't get the opportunity of accessing the services of the Provincial Coordinator for reasons unknown at this time, it was a very difficult learning experience but we asked various Centres for advice. Phillip Durocher from Ile a la Crosse provided is with a lot of information on programming, etc.



## Programs

### Upcoming Activities

- Planned Canoe/Camping Trips for youth
- Day Camps
- Music Lessons
- Assist with sending youth to South Bay Conference
- Youth Talent Showcase Family Show in August
- First Annual Elders Gathering
- Metis Society #37/Sipisishk Friendship Centre First Annual Friendship Days – tentatively set for Sept. 2001

### Pathways to Wellness Incorporated/Sipisishk Friendship Centre Sub Committees Formed

- Kihitayak Group (Elders)
- Justice Committee to work with Police Management Board to access Cadet Corps training
- Lil Rascals Youth & Parents Group
- Women and Wellness Group
- Sipisishk Youth Group
- Sipisishk Square Dancers
- Youth Talent Showcase Committee

| <b>Board Members</b> |                     | <b>Staff Members</b> |                    |
|----------------------|---------------------|----------------------|--------------------|
| Name                 | Position            | Name                 | Position           |
| Darrel Burnouf       | President           | Vacant               | Executive Director |
| Gail Roy             | Vice-President      | <b>UMAYC Project</b> |                    |
| Brenda McCallum      | Secretary/Treasurer | Stella Laliberte     | Youth Coordinator  |
| Elaine Malbeuf       | Council Rep.        | Willis Aubichon      | Youth Programmer   |
| Bill Roy             | Council Rep.        |                      |                    |
| Pauline Maurice      | Board Member        |                      |                    |
| Lilian Aubichon      | Board Member        |                      |                    |
| Tina Maurice         | Board Member        |                      |                    |
| Willis Aubichon      | Youth Rep.          |                      |                    |
| Vacant               | La Plonge FN Rep.   |                      |                    |
|                      |                     |                      |                    |

# Yorkton Friendship Centre

139 Dominion Ave.  
 Yorkton, SK.  
 S3N 1S3  
 Phone: (306) 782-2822  
 Fax: (306) 782-6662  
 E-mail: [yktnfc@sk.sympatico.ca](mailto:yktnfc@sk.sympatico.ca)



The Yorkton Friendship Centre was established on April 7th, 1971. The Yorkton Friendship Centre is a non-profit, non-political, non-sectarian charitable organization governed by a volunteer board or directors. The Friendship Centre has representation on various committees and boards, locally, provincially and nationally.

The Yorkton Friendship Centre was established with the following goals and objectives:

1. Assisting the process of integrating and sharing of culture.
2. Acting as a liaison between the people of Aboriginal descent and governments, volunteer agencies, industry and other ethnic groups.
3. Providing social and recreational programs.
4. Promoting Aboriginal culture, particularly in the fields of native language, crafts, dances and songs.
5. Maintaining a library on Aboriginal folklore, history and other topics.
6. Providing and maintain a referral and counseling service.

## Board Members

| <u>Name</u>      | <u>Position</u>     |
|------------------|---------------------|
| Mike Keshane     | President           |
|                  | Vice President      |
|                  | Secretary/Treasurer |
| Ivan Cote        | Board Member        |
| Vivian Wapemoose | Board Member        |
|                  | Board Member        |
| Sandra Lerat     | Board Member        |
| Edwin St. Pierre | Board Member        |
| Michelle Jordan  | Board Member        |

## Staff Members

| <u>Name</u>      | <u>Position</u>       |
|------------------|-----------------------|
| Dennis Langan    | Executive Director    |
| Linda Pelletier  | Bookkeeper            |
| Kim Kyle-Zwirsky | Family Worker         |
| Velma Bigsky     | Fine Option Worker    |
| Nola St. Pierre  | UMAYC Coordinator     |
|                  | Assistant Coordinator |



## **Programs**

### **UMAYC Program**

Provides a variety of educational, recreational and cultural activities for youth aged 10 - 29 years. The UMAC program is a safe and friendly environment for youth. We even provide ride homes at the end of the evening. For more information call (306) 783-1084.

### **Family Services Worker**

This program provides consoling, support, education and information to individuals and families. It also provides employment counseling, advocacy and referral, and home/school liaison counseling. For more information contact Kim Kyle-Zwirsky.

### **Food for Friends Program**

Provides a free hot lunch to school children from the area surrounding the Yorkton Friendship Centre. The program runs from Monday to Friday from 12 noon to 1:00 pm. If your child(ren) live too far from the centre the program also provides a free bagged lunch to your child(ren)'s school. Should you like to utilize this program we ask that you come to the centre during business hours to fill out the necessary form and we can deliver the lunch to your child's school that same day (provided enough notice is given that day).

The program also provides a hot lunch for adults as well. However, there is a \$2.00 fee and adults are only served from 12:30 to 1:00pm.

### **Fine Option Program**

Is a program that is available for people who receive a fine and would prefer to work off the fine. To utilize this program one would have to pre-register and then begin community service hours. One is sent to various non-profit organizations to complete these hours.

### **Other Programs:**

Youth Employment & Training  
Wellness Workshops  
Income Tax Preparation  
Seniors Flu Clinics  
Medical Services Referral Unit

Daily Drop in Centre  
Healing & Sharing Circles  
Child Health Clinics  
Diabetes Outreach Program  
AA Meetings

### **New and Developing Centres**

- 1. Cumberland House Friendship Centre**
- 2. Green Lake Friendship Centre**
- 3. Maple Creek Friendship Centre**
- 4. Pinehouse Friendship Centre**
- 5. Swift Current Friendship Centre**